

# Hemet Heart Medical Center

## Patient Education

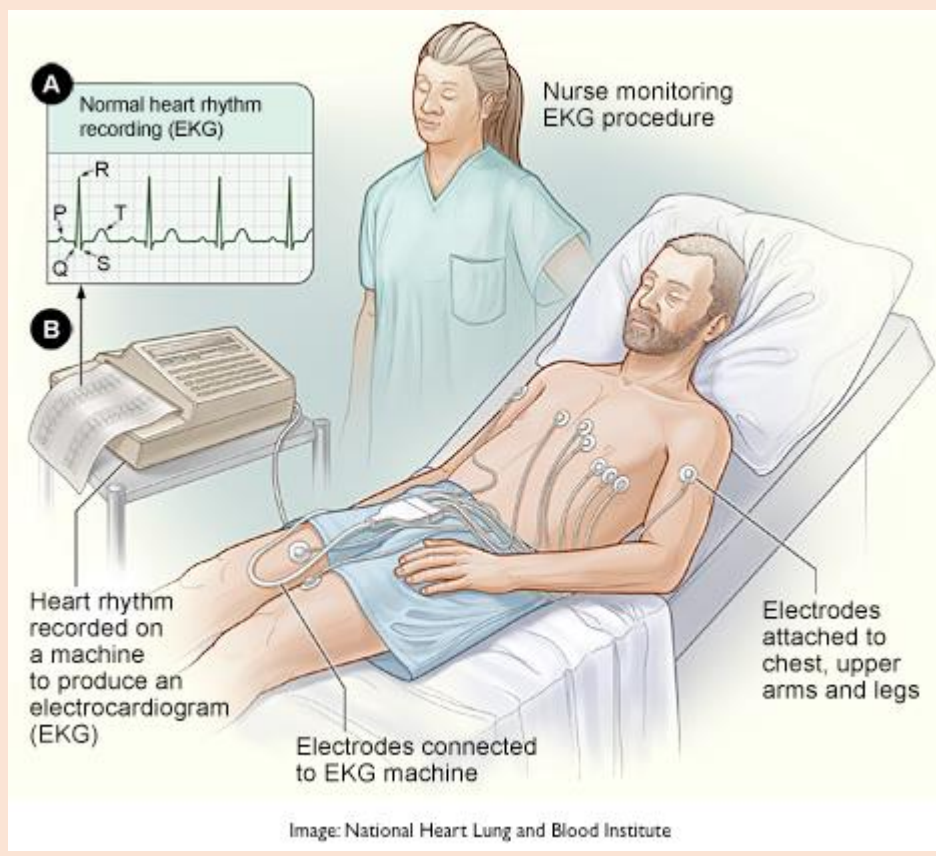


### Basic Facts

An electrocardiogram, or EKG, is a simple test that records the electrical activity of the heart.

Electrodes are placed on the skin and are used to detect the heart's electrical activity.

The EKG is a painless exam and is used to diagnose various heart problems, such as an irregular heart beat, a lack of blood flow to the heart and a heart that does not pump forcefully enough to meet the demands of the body.



**For more Information..**

visit the [National Heart, Lung, and Blood Institute](http://www.nhlbi.nih.gov)